

The Looking Glass

Executive Chef Arturo Montes

Cadillac Mountain Breakfast 10

two eggs (any style), two buttermilk pancakes, two sausage links,
two slices of bacon and home fries

Bar Harbor Breakfast 9

two eggs (any style), two slices of bacon or two sausage links,
home fries and toast

Eggs Benedict

*Toasted English muffin with two poached eggs and homemade hollandaise
Served with home fries*

Fresh Maine Lobster	14
Fresh Spicy Crab Cake	12
Local Smoked Salmon	12
Traditional -with Canadian bacon	10
Florentine -with fresh spinach	10

Omelets

Made with three eggs and served with home fries and toast

Maine Coast Omelet 14

fresh Maine Lobster, sautéed sweet peppers, onions and smoked Gouda

Smoked Salmon Omelet 13

filled with smoked salmon, feta cheese and fresh spinach

Health Omelet 10

made with whipped egg whites
filled with fresh spinach, tomatoes, mushrooms and Swiss cheese

Create An Omelet

Three Fillings 9 **Four Fillings 11**

Fillings: Tomatoes, mushrooms, peppers, onions, sausage, bacon,
fresh spinach, Swiss cheese and cheddar cheese

Breakfast Wrap 10

two eggs with your choice of up to three fillings hand rolled into a flavorful wrap

Fillings: Tomatoes, mushrooms, peppers, onions, sausage, bacon,
fresh spinach, Swiss cheese and cheddar cheese

Breakfast Sandwich 8

egg, cheese & sausage or bacon on bagel or English muffin with homefries

Pancakes

Maine Wild Blueberry 10

three blueberry buttermilk pancakes with blueberry sauce and whipped cream

Chocolate Chip 10

three chocolate chip buttermilk pancakes with whipped butter and syrup

Buttermilk 9

three buttermilk pancakes with whipped butter and syrup

Apple Orchard French Toast 9

three thick slices of grilled Cinnamon French toast topped with fresh caramelized apples and cinnamon

Add Maine Maple Syrup to any of the above 3

Homemade Granola 10

oats, dried fruits, honey and pecans over plain yogurt served with seasonal fresh fruits

Vegan Quinoa Breakfast 9

quinoa simmered with almonds, raisins, apricots, cranberries, cinnamon, almond milk and maple syrup

Seasonal Fresh Fruit Bowl 8

fresh fruit in season and toast

À la Carte

<i>Bacon Slices</i>	<i>4</i>	<i>Sausage Links</i>	<i>4</i>
<i>Canadian Bacon</i>	<i>4</i>	<i>Turkey Sausage</i>	<i>4</i>
<i>Home Fries</i>	<i>3</i>	<i>One Egg</i>	<i>2</i>
<i>Muffin</i>	<i>2</i>	<i>One Buttermilk Pancake</i>	<i>3</i>
<i>Bagel with Cream Cheese</i>	<i>3</i>	<i>One Specialty Pancake</i>	<i>4</i>
<i>Toast or English Muffin</i>	<i>3</i>	<i>Yogurt</i>	<i>3</i>
<i>Oatmeal</i>	<i>4</i>	<i>Assorted Cold Cereals</i>	<i>3</i>
<i>Side of Fresh Fruit</i>	<i>4</i>	<i>Whole Fresh Fruit</i>	<i>2</i>

Beverages

<i>Fresh Brewed Regular or Decaffeinated Coffee</i>	<i>2.75</i>
<i>Hot Tea</i>	<i>2.5</i>
<i>Fresh Brewed Iced Tea</i>	<i>2.5</i>
<i>Orange, Grapefruit, Cranberry or Apple Juice</i>	<i>3.5</i>
<i>Milk</i>	<i>3</i>
<i>Hot Cocoa</i>	<i>3</i>

Specialty Drinks

<i>Morning Mimosa</i>	<i>6</i>	<i>Bar Harbor Bloody Mary</i>	<i>8</i>
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