

Recommended Hikes

**** This list does not include many of the amazing hikes throughout the park. Acadiamagic.com, Citrumilo.com (Joe's Guide to Acadia), and the Chimani App (paid service) are fantastic resources for more info!****

Difficulty	Name	Description	Length	Trailhead
Very Easy	Shore Path	Flat path that follows the coastline outside of downtown Bar Harbor. Fantastic views of the Porcupine Islands and gorgeous summer homes.	1.0 Mile	The path begins at the Bar Harbor Town Pier and crosses in front of the Bar Harbor Inn.
Very Easy	Jordan Pond Nature Trail	Flat path that goes around Jordan Pond. Excellent views of the Bubbles Mountains	1.0 Mile Loop	Park at Jordan Pond House Restaurant and the trail starts in front of the restaurant.
Very Easy	Ocean Trail	Relatively flat path that follows the coast and the Park Loop Road and goes from Sand Beach to Otter Cliff.	3.0 Miles one way	Park at Sand Beach or Otter Cliff.
Easy	Bar Island	Walk across a tidal sand bar from Bar Harbor to Bar Island. The sandbar is only accessible 1.5 hours before and after low tide. Tide charts are available at the front desk or online.	About 2.0 Miles round trip	The sandbar leading to Bar Island is located directly off of Bridge Street in Bar Harbor, which is connected to West Street.
Moderate	Great Head Trail	Hike that begins with a bit of scrambling over rocks and then opens up to sea cliffs with fantastic views of the ocean and Sand Beach.	2.0 Mile Loop	The hike begins on the far end of Sand Beach away from the parking lot. Just walk towards the woods and you'll see a path. You can park at the Sand Beach Parking lot of Great Parking lot.
Moderate	Gorham Mountain Trail	This 500-foot ascent is very gradual and rewards you with great views of Sand Beach, The Beehive, and Otter Cliffs. Blueberry bushes cover the peak during late July to early September. Consider using Cadillac Cliffs Trail on the way down to get different views, but do be warned it is a steeper, more difficult route.	2.0-mile roundtrip	Hike begins from the Gorham Mountain parking lot just past Thunder Hole. This is a very popular trail, so parking may be an issue.
Moderate	North and/or South Bubble Trail	This hike that takes you to two separate peaks will bring you by one of Acadia's famous landmarks, Bubble Rock. You will also experience views of Jordan Pond, Eagle Lake, mountains, and Frenchman's Bay.	1.8 Mile Roundtrip	Park at the Bubble Parking Area or if it's full, you can park at Jordan Pond North. From Bubble Parking Area follow Bubbles Divide Trail for .2 mile then hike to North Bubble Peak and then retrace your steps back to Bubbles Divide Trail and then continue down the trail for .1 miles and follow signs up South Bubble Trail.
Strenuous/ Iron Rung Ladder	Beehive Trail	One of the most exhilarating hikes in Acadia! This trail takes you straight up the side of an exposed cliff face about 450 feet using Iron ladders and handrails. This hike is not suited for people scared of heights, children, or people without proper footing. This hike is very popular so be prepared for crowds.	2.0 miles if combined with Bowl Trail.	The trailhead is about a ¼ mile before Sand Beach. You can park either along the road near the trailhead or at the Sand Beach parking lot.
Strenuous/ Iron Rung Ladder	Precipice Trail	The most difficult and well-known hiking trail in all of Acadia National Park! This hike has an exposed almost 1000-foot vertical climb and is only recommended for experienced hikers without fear of heights. This trail is closed seasonally for Peregrine Falcon nesting so check with National Park Service before going.	2.6 Miles for a complete loop up Champlain Mountain	The trailhead is about 1.5 miles before the Sand Beach parking lot on Park Loop Road.
Strenuous/ Iron Rung Ladder	Beech Cliffs Trail	Beech Cliffs Trail is one of the easier Iron Rung trails on the Island and provides excellent views of Echo Lake and surrounding mountains. This trail can be strenuous in spots but there are steps built in places and ladders in the steepest areas. This trail is on the "Quiet Side" of the island so there should be smaller crowds. After finishing this hike, going for a cooling swim in Echo Lake is always recommended! This trail is closed seasonally for Peregrine Falcon nesting.	1.8 Miles total roundtrip	The trailhead is off Echo Lake Beach parking lot.